



FAMILY PRESERVATION SERVICES

PROGRAM AT A GLANCE

Family Preservation Services focuses on supporting families during times of challenge. Families are referred through the Indiana Department of Child Services (DCS). Whatever challenge led to their involvement with DCS, our Family Preservation team works with the family in their home to identify and achieve goals that strengthen safety and stability. Significant emphasis is placed on safety assessment and planning, resource linkage, parent education, and clinical support.

COMPREHENSIVE TREATMENT SERVICES

Family Preservation is designed to be an all-inclusive approach to supporting families. Through comprehensive assessment and individualized treatment planning, families are given the opportunity and resources needed to thrive. Some highlights include:

- Weekly safety assessment and planning
- Strengthening family protective factors
- Targeted monthly goal review, updates, & reporting
- Evidence based parental skill building
- Mental and behavioral health treatment

CLINICAL SUPPORT

Each family being served will have access to qualified mental health professionals to receive targeted treatment focused on strengthening safety and stability for the family. Clinicians will work through a solutions-focused approach, utilizing evidence based strategies of Cognitive-Behavioral Therapy and Motivational Interviewing. Targeting the impact of trauma, depression, anxiety, and substance use, clinicians will identify family goals and ensure they have the needed support to meet those goals.

TRIPLE P PARENTING

Triple P Parenting is an evidence based parental skill building curriculum. Unlike many parenting curricula, Triple P is evidence based for individual, in-home delivery. Each family will be able to work with our team to identify a handful of 17 possible parenting skills. The strategies for building on those skills are standardized and include role-playing and observed application. This allows the family and treatment team to easily assess and report progress.

PROTECTIVE FACTORS

Building upon a family's protective factors is key to long term well-being and child safety. In Family Preservation, key protective factors such as social supports, parental nurturance, and basic need security are measured at the beginning, middle, and end of services with a family. This ensures that as we step out of a family's life, their protective resources are not leaving with us.

RESOURCES FOR INDIVIDUAL NEEDS

Because the needs of a family rarely fit into one treatment resource or curricula, we utilize a wide range of resources. These include, but are not limited to:

- The Anger and Aggression Workbook
- Cooperative Parenting through Divorce
- 24/7 DAD
- Nurturing Skills for Families
- 1,2,3 Magic
- Dave Ramsey Budgeting 101

QUESTIONS OR REFERRALS:

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